

Name	Position	Club	Time
Neil Addison	1	Shaftesbury Barnet	15.54
Ben Russell	2	Norwich Road Runners	15.55
Damian Carr	3	Coventry Godiva Harriers	16.39
Ed Sok	4	n/a	17.30
Neil Sloan	5	n/a	17.32
Josh Lunn	6	NVH	18.03
Michael Branstan	7	Eye Community Runners	18.05
Richard Douglas	8	n/a	18.18
Paul Lunn	9	Stamford Tri Club	18.34
Stephen Edwards	10	Newmarket Joggers	18.39
Simon Kearns	11	Hillingdon Triathletes	19.54
Martin Candish	12	Stamford Striders	20.04
John Royston	13	Tri-Anglia	20.12
Martin Jessop	14	n/a	21.09
Ben Woolfall	15	n/a	21.37
Craig Melvin	16	n/a	21.38
Mike Berridge	17	n/a	22.33
Paul Towers	18	n/a	22.40
Al Good	19	n/a	23.05
Craig Withing	20	n/a	23.16
Sam James	21	n/a	23.40
Mark Wells	22	Eye Community Runners	23.45
Adam Nelson	23	n/a	24.06
Huw West	24	n/a	24.07
Robert Cressey	25	n/a	24.15
Steve Rowell	26	n/a	24.32
Kevin Carr	27	n/a	24.42
James Collins	28	n/a	24.43
Simon Andrews	29	n/a	25.15
Dai Mc Cormick	30	Stamford Tri Club	25.57
Shaun Morris	31	n/a	26.03
Danny Evans	32	n/a	26.05
John Ellingham	33	n/a	26.06
Andy Harrod	34	Ryston Runners	26.07
Lee Brisbourne	35	n/a	26.24
Ian Hart	36	n/a	26.32
David O'Donoghue	37	Coco	26.33
Donavon Stone	38	n/a	26.39
Simon Gallon	39	Stamford Ti Club	26.44
Tony Cooper	40	Thorney Runners	26.47
Chris Sergeant	41	n/a	26.49
Ryan Chambers	42	n/a	26.54
Barry Wroe	43	RAF High Wycombe	26.58
Jason Vernalls	44	Yaxley Runners	27.09
Michael Barker	45	n/a	27.11
David James	46	n/a	27.44
Mark Colmer	47	n/a	27.48

Sean Chambers	48	n/a	28.10
Graham Scott	49	n/a	28.38
Christopher McFaul	50	n/a	28.44
Andrew Russell	51	Norwich Road Runners	29.07
Stuart Ward	52	Werrington Joggers	29.30
Tom Ward	53	n/a	29.30
Danny Sharratt	54	n/a	29.35
Brian Rowcroft	55	n/a	29.47
Adam Gillings	56	n/a	29.47
Frank Samet	57	n/a	29.58
Stephen Garnham	58	n/a	30.08
Lee O'Callaghan	59	n/a	31.21
Barry Webb	60	n/a	34.06
Mathew Swain	61	Westside Health Club	35.48
Tim Gates	62	n/a	36.20
Bryan Diggle	63	n/a	38.59
Chris Morphey	64	n/a	42.37